

INDIRA KIDS MENU - DECEMBER-2017

DAY	BREAKFAST	LUNCH			
01 FRI	Batata wada, chutney	Paneer Subji	Chappati	dal, rice	Custard
04 MON	Soya paneer rolls, sauce	Pav	bhaji	Jeera rice, dal tadka	Pineapple sheera
05 TUE	Veg Biryani, Raitha	Carrot beans masala	Chappati	Rice, pumpkin sambar	Fryums
06 WED	Idli chutney, sambar	Aloo mutter rassa	puri	Rice, dal rassam	Salad
07 THUR	Roti, Aloo Mutter subji	gobhi sukka Subji	methi paratha	veg pulao	raitha
08 FRI	Spinach cheese balls, sauce, fruit	Mix veg	Chappati	Kichidi	kadi, papad
11 MON	Veg Upma, banana	Amristasri chole	Palak puri	veg biryani	Raitha
12 TUE	Palak Carrot rice, papad	Doodhi Channa dal	Chappati	rice, dal tadka	Papdi chaat
13 WED	Pav bhaji	Aloo Gawar Subji dry	carrot paratha	rice, moong usal	corn salad
14 THUR	Mini onion uttapam, tomato chutney	Palak paneer	chappati	peas pulao	boondhi raitha
15 FRI	Roti, subji	Paneer Chilli	Triple rice	Tomato soup	Gulab jamun
18 MON	Aloo poha, banana	Pav	missal	Rice, mix dal	Seviya Kheer
19 TUE	Roti, paneer subji	suran harbara masala	chappati	Bisibelebaath	Bobbies
20 WED	Sabudana kichidi, chutney, fruit	Aloo bhendi Sukha	Palak paratha	Rice, chowli usal	Mix pakoda
21 THUR	cheese & Jam sandwich, Sauce	Bharleli vangi	Chappati	Dal, rice	salad
22 FRI	Samosa, Sauce	Punjabi chole	chappati	Biryani	raitha