

INDIRA KIDS MENU - JAN 2018

DAY	BREAKFAST	LUNCH			
02 TUE	Aloo Poha, Banana	Cabbage Channa dal	Chappati	Akkha masoor pulao, raitha	Sweet pongal
03 WED	Cheese + Jam sandwich, sauce	Sev bhaji	Chappati	Veg pulao, dal palak	salad
04 THUR	Meduwada, samber	Achari aloo sukkah	Palak paratha	Thondlibaath	Fryums
05 FRI	Aloo Mutter subji, Roti, Mango Kheer	Missal	Pav	Bicibelebhaat	Bobbies
08 MON	Peas Upma, Fruit	Mutter paneer	chappati	soya pulao	Boondhi raitha
09 TUE	Roti, paneer subji	Suran harbhara subji	Chappati	Jeera rice, dal tadka	Papdi chaat
10 WED	Pav Bhaji, mysore pak	gatta saag	chappati	Masalabaath	Mysore park
11 THUR	Idli, Chutney	Veg khurma	puri	Palak carrot rice	kakdi koshimbir
12 FRI	Palak carrot rice, Bobbies	Bhaji	Pav	Moong kichidi	kadi
15 MON	sabudana kichidi, kakdi koshimbir, fruit	Shak bhaji	Chappati	Jeera rice, dal tadka	bobbies
16 TUE	Cheese slice + Jam sandwich, sauce	Bhendi subji	Chappati	rice	samber
17 WED	Bisibelebhaat, Papad	Chole masala	Puri	Lemon rice	Salad
18 THUR	Dosa, Bhaji chutney	Paneer subji	Chappati	Rice	Dal makhani
19 FRI	Spring roll, sauce, custard	Gobhi manchurian	Hakka noodles	Corn fried rice	Fruit custard
22 MON	Veg dalia, fruit	Veg kofta curry	chappati	Rice, dal fry	Mix salad
23 TUE	Lemon rice, Bobbies	Aloo gobhi subji	Chappati	tamarind rice	Bobbies
24 WED	Roti, Aloo Mutter Subji	Doodhi chanadal	Chappati	Jeera rice	mix dal
25 THUR	Samosa, Sauce, Tiranga Burfi	Tawa veg	Chappati	Veg biryani	Mix raitha, Tiranga Burfi
29 MON	Peas poha, Balushahi	Tofu butter masala	chappati	jeera rice, dal tadka	Balushahi
30 TUE	Veg hot dog, sauce, Fruit	Dosa bhaji	chappati	rice, Dal fry	Papad
31 WED	Spinach cheese balls, sauce	Veg Hyderabad	chappati	rice	AmTI