

INDIRA KIDS MENU - OCTOBER-2018

DAY	BREAKFAST	LUNCH			
01 MON	Peas poha, Balushahi	Veg maratha	Chappati	Peas pulao, Dal fry	Balushahi
02 TUE	Gandhi Jayanti				
03 WED	Palak carrot rice, bobbies	Aloo methi	Jeera paratha	Rice	5 mix dal
04 THUR	Veg Samosa, sauce	Paneer handi	Chappati	Veg pulao	Dal tadka
05 FRI	Roti, paneer subji	Matki Subji	Chappati	Jeera rice, Dalfry	salad
08 MON	Veg Upma, pineapple sheera	Pav	bhaji	Masala rice	pineapple sheera
09 TUE	Bicibelebhaat, papad	Aloo gawar subji	Chappati	pulao	raitha
10 WED	Cheese slice+jam sandwich, sauce	Tawa veg	Chappati	rice	Dal tadka
11 THUR	Plain idli, chutney	chole punjabi	Puri	rice, moong usal	salad
12 FRI	Batata Wada, sambar, fruit	Pasta alfredo	garlic bread	tomato soup	Plain custard
15 MON	Roti, Subji	Aloo mutter rassa	Chappati	Kichidi, kadi	Bobbies
16 TUE	Veg Hakka noodles, fruit	Shak bhaji	Chappati	Rice	Sambar
17 WED	Missal pav, gulab jamun	Paneer handi	Chappati	Jeera rice, Dal tadka	Gulab jamun
18 THUR	Dussehra				
19 FRI	Veg biryani, raitha	Veg manchurian	Hakka noodles	mushroom fried rice	Veg soup
22 MON	aloo poha, banana	Kofta curry	Chappati	Dal rice	Papdichat
23 TUE	Pav bhaji, Burfi	Rajma	Chappati	Peas pulao	Burfi
24 WED	Masala bhaat, papad	Green peas masala	chappati	veg kichidi	kadi
25 THUR	Plain idli, coconut chutney	Veg kolhapuri	chappati	rice, dal fry	bobbies
26 FRI	Aloo peas samosa, apple	bhaji	Brown pav	Biryani	Raitha
29 MON	Peas upma, Jalebi	gobhi sukka Subji	Chappati	rice, dal makhni	Jalebi
30 MON	Roti, aloo mutter	Dosa bhaji	Chappati	Jeera rice, dal fry	Fryums
31 TUE	Meduwada, sambar	Paneer butter masala	Chappati	Veg biryani	raitha

