

INDIRA KIDS SEPTEMBER-2019 MENU

DAY	BREAKFAST	LUNCH			
09 MON	Peas Poha, Banana, Modak	Aloo palak	Chappati	Rice, dal Tadka	Modak
10 TUE	Holiday (Moharrum)				
11 WED	Meduwada, sambar	Veg kholapuri	Chappati	Rice	Rajma
12 THUR	Holiday (Anant Chaturthi)				
13 FRI	Cheese + Jam sandwich, Fruit	Bhaji	Pav	Veg pulao	Gulab jamun
16 MON	Veg upma, Banana	Veg kadai	Chappati	Rice	Dal fry
17 TUE	Idli, doodhi sambar	Aloo dosa bhaji	Chappati	Rice, amti	Papdi chaat
18 WED	Roti, Aloo mutter subji, jalebi	Bharleli vangi	Chappati	Kichidi, kadi	Jelebi
19 THUR	Veg Biryani, Raitha	Paneer butter masala	Chappati	Rice	Moong usal
20 FRI	Samosa, sauce, fruit	Tava Veg	Chappati	Veg Biryani	Raitha
23 MON	Soft aloo poha, Banana	Aloo jeera	Chappati	Rice	Dal fry
24 TUE	Missal Pav, Mysore pak	Palak paneer	Chappati	Rice	Chowli usal
25 WED	Mixed veg cutlet, sauce	Veg makhani	Chappati	Veg biryani	Raitha
26 THUR	Onion Uttapa , green chutney	Ghatti sev bhaji	Chappati	Jeera rice	mix dal
27 FRI	Bisibelebhaat, Papad, Fruit	Pasta in red sauce	Dinner rolls	Veg soup	Fruit Custard
30 MON	Batatawada, Sambar	Tawa veg	chappati	Kichidi	Kadi