

Indira Kids March 2020 Menu

DAY	BREAKFAST	LUNCH			
02 MON	Peas upma, banana	Rajma masala	Chappati	Rice	Dal fry
03 TUE	Veg khatti rolls, sauce	Palak kofta curry	Chappati	Rice	Mix dal
04 WED	Veg Sandwich,sauce	Tawa veg	Chappati	Biriyani	Boondhi raitha
05 THUR	Batatawada, Sambar	Aloo mutter dry	Chappati	Rice	Dal rassam
06 FRI	Bisibelebhaat, Papad	Missal	Pav	Pulao	Raitha, Mysore pak
09 MON	Spinach cheese balls, sauce, mysore pa	Paneer butter masa	Chappati	Rice	Dal tadka
10 TUE	Holiday				
11 WED	Paneer Masala, Roti	Dal cabbage dry	Chappati	Rice	Dal fry
12 THUR	Idli, Sambar	Aloo tamatar rassa	Chappati	Peas pulao	Mix dal
13 FRI	Veg Biryani, Raitha	Pav bhaji	—	Veg Biryani	Raitha
16 MON	Soft poha, Papaya	Veg khurma	Chappati	Rice	Whole moong usal
17 TUE	Nutrinugget rolls, sauce	Punjabi Chole dry	Puri	Rice	Mix dal
18 WED	Palak Carrot Rice, Boobies	Bhendi masala dry	Chappati	Jeera rice	Dal tadka
19 THUR	Meduwada, Sambar	Gobhi subji dry	Chappati	Rice	Varan
20 FRI	Veg cutlet, sauce, gulab jamun	Veg Manchurian	Noodles	Garlic fried rice	Corn soup, gulab jamun
23 MON	Bisibelebhaat, Papad	Soya Kheema	Chappati	Jeera rice	Dal Fry
24 TUE	Samosa, Sauce	Matki usal dry	Chappati	Rice	Sambar
25 WED	Holiday				
26 THUR	Pav Bhaji	Tofu butter masala	Chappati	Soya pulao	Dal tadka
27 FRI	Veg rolls, sauce, Balushahi	Mix veg	Chappati	rice	Yellow dal
30 MON	Veg upma, banana	Bharleli Vangi	Chappati	Rice	Amti
31 TUE	Aloo mutter, Roti	Mushroom curry	Chappati	Jeera rice	Dal tadka