

**INDIRA KIDS MENU - AUGUST-2017**

DAY	BREAKFAST	LUNCH			
01 TUE	veg upma, Papaya	Suran harbara masala	Chappati	Rice, varan	Carrot porial
02 WED	Subji, Roti	Aloo mutter rassa	Chappati	Kichidi	Kadi
03 THUR	Bisibele bhaat, Bobbies	gobhi sukka Subji	Chappati	rice, dal makhni	Salad
04 FRI	Meduwada, pumpkin sambar, Gulab Jamun	Soya kheema mutter	Chappati	rice, dal fry	Gulaab jamun
08 TUE	Carrot onion uttapam, chutney	Aloo Gawar Subji	chappati	rice, dal	salad
09 WED	aloo poha, Fruit	Pumpkin sabji	Chappati	Steam rice, chole	salad
10 THUR	Aloo Sbj, Puri, Sheera	Green peas masala	Chappati	veg kichidi, Kadi	Sheera
11 FRI	Tofu Butter masala , roti, Kala Jamun	Jeera aloo	Palak paratha	Veg biryani, raitha	Kala Jamun
16 WED	Idli, sambar	Doodhi Channa dal	Chappati	bisibelebaath	bobbies
17 THUR	Chole masala, roti	veg kadai	chappati	rice, dal tadka	Salad
18 FRI	Palak carrot rice, Papad	Bhaji	brown pav	onion lemon salad	pineapple sheera
21 MON	Pav Bhaji	Paneer butter masala	chappati	Rice, dal tadka	Sprout salad
22 TUE	Veg biryani, Bobbies	Palak Pitla	Chappati	Rice, watana usal	Salad
23 WED	Paneer Subji, Roti	Doodhi Channa dal	Chappati	Rajma, chawal	salad
24 THUR	Uttappa Chutney, Fruit	Tawa veg	beetroot paratha	Jeera rice, dal fry	Seviya kheer
31 THUR	Soya pulao, Chutney	Dal cabbage	Chappati	Rice, harbara usal	Papdi chaat